

FREE COVID-19 EMOTIONAL SUPPORT SESSIONS



- ARE WORRIES ABOUT MONEY OR YOUR JOB CAUSING YOU PROBLEMS?
- HAS YOUR HEALTH ANXIETY GOT WORSE IN RECENT MONTHS?
- IS YOUR MENTAL HEALTH SUFFERING BECAUSE OF STRESSES BECAUSE OF CORONAVIRUS?

If you're resident in Telford and Wrekin and you're over 14 you can access up to three free emotional support sessions with a counsellor from Impact Telford.

Sessions are online or on the telephone, more details are on our website, or you can call us to find out more and get booked in.

Get in touch:

01952 223 165



www.impacttelford.co.uk